## **Autism Resources:**

## From Autism New Jersey:

https://www.psychologytoday.com/us/blog/neuroscience-in-translation/202003/how-explain-global-health-crisis-children-autism

Autism New Jersey is also regularly updating this page with information and resources: <u>Autism NJ » COVID-19 and Autism in NJ .</u> Our Helpline is open at 800.4.AUTISM and <u>information@autismnj.org</u>.



https://www.autismnj.org/article/covid-19-and-autism-in-nj/

## **From Autism Speaks:**

- We have created a centralized hub for resources to weather this storm together: COVID-19 Information and Resources. This page will be updated regularly as new content is developed. In addition, the Autism Response Team remains a resource for all families in our community. As they receive specific inquiries and requests, we are listening, learning and adapting in real time to make information and content available. On this hub, families can find:
  - Answers to common about coronavirus and how it impacts the autism community.
  - Tips on how to <u>manage disruptions to school-based services</u>, and how to <u>continue clinical care while social distancing</u>.
  - <u>Teaching stories</u> to help kids understand our current environment and adapt to changes in routine.
  - Links to resources for educators and healthcare professionals.
  - Links to translated resources where available.
- Coming soon: We are working on a series of videos answering questions and providing tips to help families work through common challenges. These will

be posted to the <u>COVID-19 resource hub</u> and our YouTube channel as they're available, and shared on our social channels. We encourage you to find @autismspeaks on <u>Facebook</u> and <u>Instagram</u> for regular updates.

We'll continue to update you as new resources are made available, and we welcome your feedback on what would be most helpful to you and your families. Please reach out to us at <a href="help@autismspeaks.org">help@autismspeaks.org</a> at any time.